

**Kentucky Department for Public Health**

**Continuing Education  
Curriculum Vitae**

Name \_\_\_\_\_ Aaron Beighle \_\_\_\_\_

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Current Position/Title \_\_\_\_\_ Assistant Professor – Department of Kinesiology and Health Promotion

Current Employer/Agency \_\_\_\_\_ University of Kentucky \_\_\_\_\_

**Education:**

	Degree	Institution	Area of Study	Year Degree
1.	Ph.D.	Arizona State University	Physical Education	2003
2.	M.S.	Texas Christian University	Exercise Physiology	1998
3.	B.A.	Northern Kentucky University	Recreation/Fitness	1996
4.				

**Experience:**

Describe your professional experience or areas of expertise, including publications, awards, and honors. If you are a course planner or presenter state which experience(s) contribute to your qualifications for this offering.

I am an assistant professor in the Department of Kinesiology and Health Promotion at UK. My primary responsibilities are in training future physical educators and conducting research related to physical activity promotion for youth. I have published numerous articles related to physical activity and youth and two books describe strategies for using pedometers to get children and families active.

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